

# WATERFORD STINGRAYS

# July



# 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 PRACTICE: 6&Under & 9/10s – 8:45-9:30am 7/8s – 9:30-10:15am 11&Up – 10:15-11:00am  EVENING PRACTICE: (optional) 10&Under - 5:30-6:30pm 11&Up - 6:30-7:30pm	2 PRACTICE CANCELLED (Enjoy the holiday weekend!)  *Signouts due by midnight for 7/6 Meet	3
4 FOURTH OF JULY	5 PRACTICE: 6&Under & 9/10s – 8:45-9:30am 7/8s – 9:30-10:15am 11&Up – 10:15-11:00am  EVENING PRACTICE: (optional) 10&Under - 5:30-6:30pm 11&Up - 6:30-7:30pm	6 <b>AWAY SWIM MEET vs. Westwood</b> ★ *After meet team dinner TBA	7 PRACTICE: for FINALS: 6&Under & 9/10s – 8:45-9:30am 7/8s – 9:30-10:15am 11&Up – 10:15-11:00am  EVENING PRACTICE: (optional) 10&Under - 5:30-6:30pm 11&Up - 6:30-7:30pm	8 PRACTICE: for FINALS: 6&Under & 9/10s – 8:45-9:30am 7/8s – 9:30-10:15am 11&Up – 10:15-11:00am  EVENING PRACTICE: (optional) 10&Under - 5:30-6:30pm 11&Up - 6:30-7:30pm  <i>BACK-UP RAIN DATE for any missed meet</i>	9 PRACTICE for FINALS: 6&Under & 9/10s – 8:45-9:30am 7/8s – 9:30-10:15am 11&Up – 10:15-11:00am	10 Optional Stroke Clinic for FINALS participants: 10&Under - 8:45-9:45am 11&Up - 9:45-10:45am
11 Parent Meeting & Spaghetti Dinner for (Finals participants only) – Pool Covered Shelter – 4-6pm	12 ★ <b>GFSL FINALS @ GAC</b> (By Invitation Only) 10&Under – AM 11&Up - PM ★	13 <b>End-of-Season Party @ the Pool</b> – the whole family is invited for food, awards, swimming and FUN! 5-10pm				